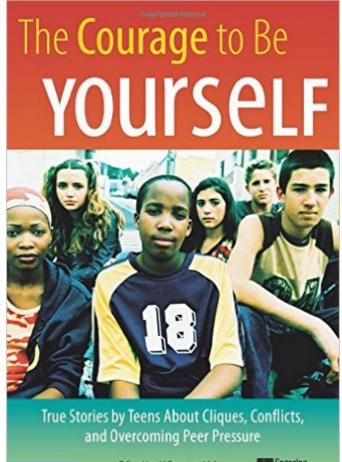
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# The Courage To Be Yourself: True Stories By Teens About Cliques, Conflicts, And Overcoming Peer Pressure



free spirit

Edited by Al Desetta, M.A., with Engaging Schools





## Synopsis

Cassandra is hassled by her friends for sitting with the â œwrongâ • kids at lunch. Jennifer gets harassed because sheâ <sup>™</sup>s overweight. Dwanâ <sup>™</sup>s own family taunts her for not being â œblack enough.â • Yen is teased for being Chinese; Jamel for not smoking marijuana. Yet all find the strength to face their conflicts and the courage to be themselves. In 26 first-person stories, real teens write about their lives with searing honesty. They will inspire young readers to reflect on their own lives, work through their problems, and learn who they really are.

### **Book Information**

Paperback: 160 pages Publisher: Free Spirit Publishing (September 15, 2005) Language: English ISBN-10: 1575421852 ISBN-13: 978-1575421858 Product Dimensions: 6 x 0.3 x 9 inches Shipping Weight: 12.8 ounces (View shipping rates and policies) Average Customer Review: 4.0 out of 5 stars Â See all reviews (1 customer review) Best Sellers Rank: #208,238 in Books (See Top 100 in Books) #23 in Books > Teens > Social Issues > Prejudice #40 in Books > Teens > Social Issues > Being a Teen #62 in Books > Teens > Personal Health > Self-Esteem

### **Customer Reviews**

This collection of moving stories about teens in their own words are really effective discussion starters in classrooms or circles.

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